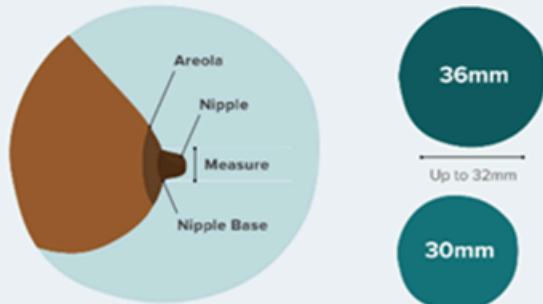


Breast Pumps

Make sure you have a properly fitted breast pump to avoid nipple trauma.

MedSource, LLC can help
888-510-5100

Breast Pump Flange HOW TO FIND THE RIGHT SIZE



healthline Parenthood



Our pediatric nursing staff and trained providers are happy to offer help and support along your breastfeeding journey.



Bloomington Pediatrics, LTD
306 Saint Joseph Drive
Bloomington, IL 61701



309-662-0504, option 1



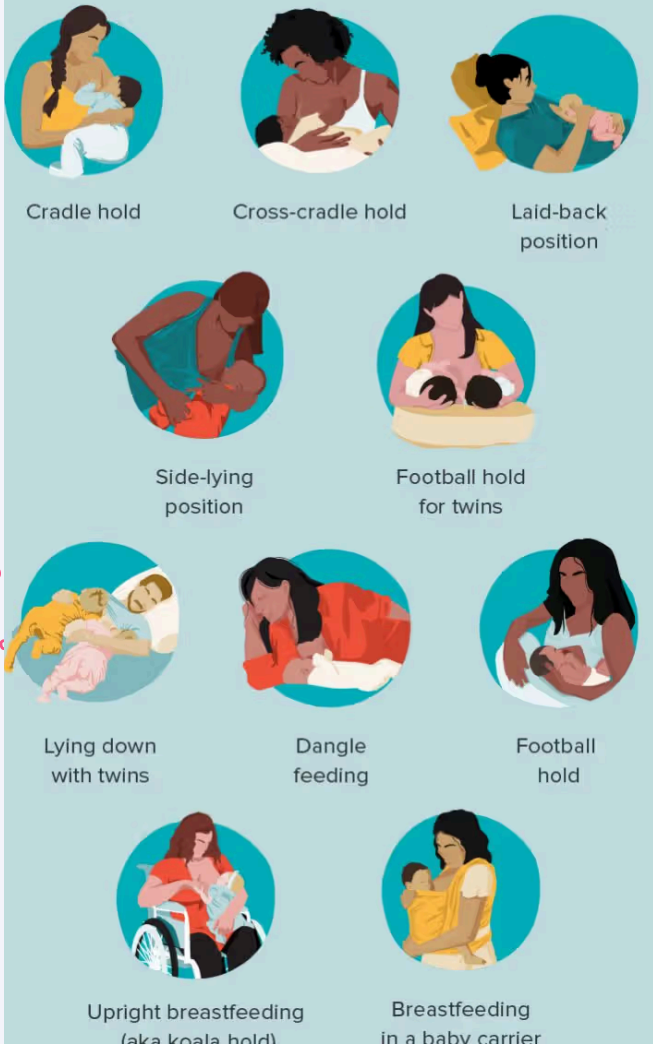
www.bloomingtonpediatrics.com



Local Lactation **RESOURCES**



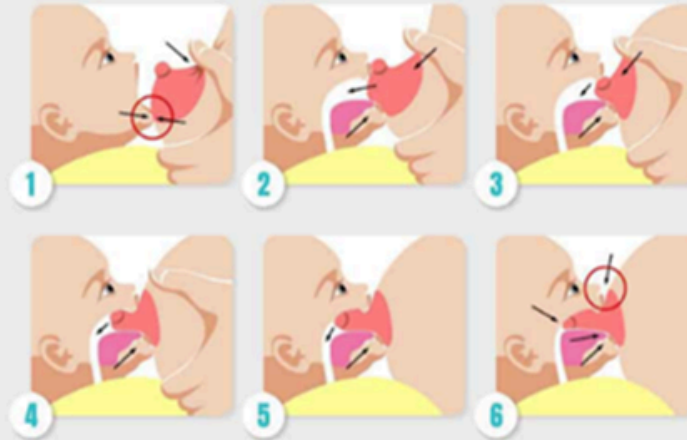
Breastfeeding Positions



Online Resources

- [Home - La Leche League USA \(llusa.org\)](http://llusa.org)
- [KellyMom.com Breastfeeding and Parenting](http://kellymom.com)
- [Droplet >> Science \(firstdroplets.com\)](http://firstdroplets.com)

Proper Latch Technique



Facebook Group

Moms of Beautiful Babies (MOBB)
Meets every Wednesday from 10-12 at Play
Synthesis to socialize and get lactation help

Lactation Consultants

Carle BroMenn

Open to mothers who delivered their baby
at Carle BroMenn.
309-268-5371
Hours of availability vary.

OSF St. Joe

Open to all mothers, regardless of where
their baby was delivered.
Sarah Musselman, RN, BSN, IBCLC
309-665-4704
Monday - Saturday

Birth Center

Open to all mothers, regardless of where
their baby was delivered.
Trish Wierenga FNP, IBCLC, PMH-C
309-722-4020, option 4
Mondays, Tuesdays & Thursdays

Milk Guide

Open to all mothers in Bloomington-Normal,
Peoria & surrounding areas for in home or
virtual consultations.
Emmalyn Paul-Gregg, IBCLC, CLS
309-306-2728
Hours vary
*does not accept state insurance